

# Prayer and Liturgy Policy

## St. Bernadette's Catholic Primary School



*For where two or three are gathered in my name, I am there among them.  
(Matthew 18:20)*

Approved by:

Date: October 2025

Next review due by: September 2026

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## **St Bernadette's Mission Statement:** ***Growing Together in Faith, Love and Learning***

### **1. The context of this prayer and liturgy policy**

'The celebration of Catholic liturgies and prayers as an integral part of the learning and teaching should enable the school community to become reflective, experience the presence of God and should develop a mature spiritual life.' (Marcus Stock (2012), Christ at the Centre, Catholic Truth Society, 23.)

### **2. Statement of requirement**

The law requires all maintained Catholic schools to provide an act of daily collective worship (prayer and liturgy) for all pupils, including those in the sixth form (Section 70, 1988 Education Act) that is in accordance with the rites, practices, disciplines, and liturgical norms of the Catholic Church (School Standards and Framework Act 1998, schedule 20; 70 9 and liturgy Instrument of Government, clause 2). Academies in England are required by their funding agreement and Articles of Association to comply with similar requirements (The Mainstream Academy and Free School: Supplemental Funding Agreement, December 2020; Model Articles for Catholic Academies, February 2019).

The law requires all maintained schools to recognise and respect that parents have the legal right to withdraw their children up to the age of 16 from prayer and liturgy (School Standards and Framework Act 1998, s.71(1A)). Sixth-form pupils can choose to withdraw themselves from prayer and liturgy (School Standards and Framework Act 1998, s.71(1B)).

The school's provision for prayer and liturgy will fulfil pupils' entitlement to experience the range of liturgical treasures of the Church, including a shared repertoire of prayers and liturgical music with which pupils in the school will be familiar. Prayer and liturgy are not designated curriculum time. In the context of the Catholic school, this means that times of prayer and liturgy are not considered to be part of the allocation of curriculum time for Religious Education.

### **3. Responsibilities**

#### **(a) Governance**

The governors, as guardians of the Catholic school's life and mission, have a responsibility to ensure that:

- prayer and liturgy are central to the Catholic life of the school and therefore are in line with the guidance set out by the Prayer and Liturgy Directory
- there is a named person(s) who is responsible for prayer and liturgy in the school (the Prayer and Liturgy Coordinator)
- the prayer and liturgy policy is updated regularly and shared with all stakeholders
- there is a budget for prayer and liturgy that reflects its centrality to the life of a Catholic school.

#### **(b) Headteacher**

The headteacher, as the spiritual leader of the school as a Catholic community, ensures that:

- prayer and liturgy are central to the Catholic life of the school and therefore are in line with the guidance set out by the Prayer and Liturgy Directory
- they work in partnership with the leader(s) for prayer and liturgy
- those responsible for prayer and liturgy in the school have been given appropriate training and formation to ensure that all guidance is followed and adhered to
- there are suitable resources for prayer and liturgy in the school.

#### **(c) Prayer and Liturgy Coordinator**

Those responsible for prayer and liturgy ensure that:

- prayer and liturgy are central to the Catholic life of the school and therefore are in line with the guidance set out by the *Prayer and Liturgy Directory*
- there is an Annual Plan of Provision for prayer and liturgy across the school year which identifies liturgical seasons and key celebrations, as well as opportunities for the celebration of the Sacraments
- there is daily planned prayer for all pupils, appropriate to age and ability, as outlined in the Prayer and Liturgy Directory
- pupils are supported in their liturgical formation to take an active role in the planning, preparation, and delivery of prayer and liturgy according to their age and capacity, and in a manner which facilitates their progressive participation
- resources to support the planning of prayer and liturgy are appropriate and readily available to staff and pupils
- induction on prayer and liturgy takes place for new members of staff as required

- staff have access to effective training and formation opportunities
- monitoring and evaluation of prayer and liturgy take place regularly and feed back into planning for future liturgies
- monitoring of prayer and liturgy is reported to the headteacher and governing body to support whole-school development and the Catholic life of the school
- there is collaboration with local clergy and parishes
- liaison with the Diocesan Advisory Service and others is maintained to ensure they keep updated with best practice.

#### 4. Overview of prayer and liturgy provision at St Bernadette’s

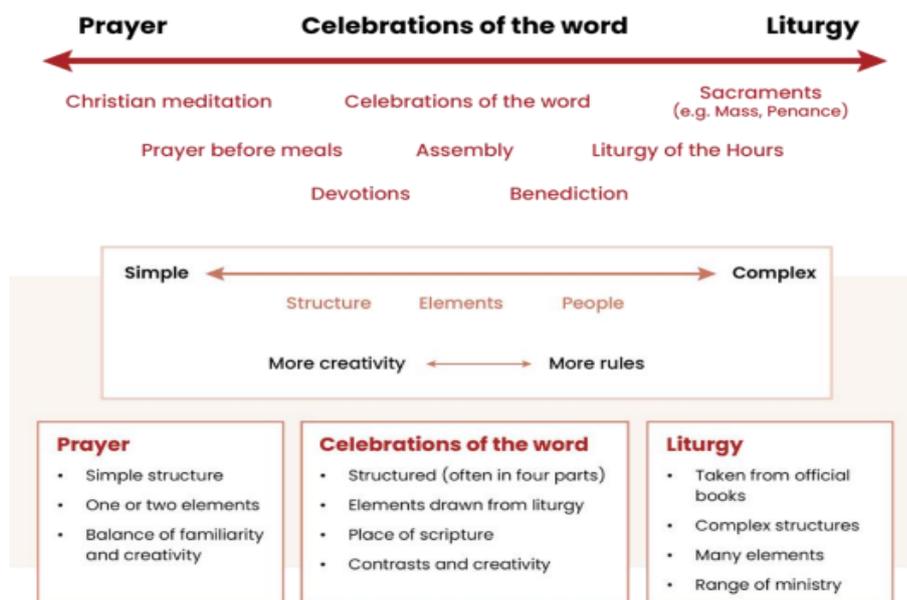
“Prayer, celebrations of the word, and liturgy form a continuum with silent meditation at one end and a celebration of Mass on a Solemnity of the Church (e.g., Ascension of the Lord) at the other. Of course, there are areas of overlap between the categories.” (RED, 2023)

At St Bernadette’s, we ensure that our pupils have access to a full provision of prayer and liturgy in its many forms. Most importantly, we ensure full participation from all members of our school family. Children regularly attend mass at St Bernadette’s church. There are protected times for Celebration of the Word as well as more informal, guided meditation and silent prayer opportunities, ensuring that Christ is always at the centre of our lives and school.

### Frequency of different models of prayer



At St Bernadette’s, we acknowledge the importance of ensuring children have access to a range of prayerful experiences, be that through attending mass, Celebration of the Word, Christian meditation or regular liturgical music and hymn singing sessions. We teach children that these are all forms of prayer.



Children at St Bernadette’s have the following prayer and liturgy offer;

Everyday	Daily Prayer- Beginning and end and before meals 2 x Teacher-Led Celebration of the Word, on-going informal times to pray.
Every Week	Celebration of the Word and Assemblies- the school come together three times per week; Monday- Celebration of the Word with Headteacher- Welcome Assembly Wednesday- Our Common Home (Global and National Issues) with Deputy Headteacher, including Prayers of Intercession Friday- Praise Assembly with Headteacher
Every Term	Children attend mass at St Bernadette’s Catholic Church once per half term on a rolling programme. Children also attend Mass for Holy Days as appropriate.
Every Year	Children in Y4 prepare for the Sacrament of Reconciliation and the Sacrament of First Holy Communion.  Whole school attend Sacrament of Reconciliation or Service of Penance twice yearly.

*See Annex 1 for full yearly overview*

## Common Prayers

We also have a systematic approach to teaching common prayers progressively (see Annex 2)

## 5. Resourcing

Prayer and liturgy are central to the school’s understanding of itself as a Catholic school, and this is reflected in the annual budget allocation and available resources, including staff time, chaplaincy provision, and dedicated spaces for prayer and liturgy. The Catholic character of the school is reflected in religious artefacts and images on display throughout the building. Dedicated spaces for prayer and liturgy will be furnished and maintained as such, and updated to reflect the Church’s liturgical season. Staff training and formation costs will be funded

separately to ensure that all staff are able to fulfil their responsibility to contribute to the prayer and liturgical life of the school.

## **6. Training and formation**

All new staff will be supported during induction and beyond, so that they fully understand the responsibility they carry within their individual role for leading prayer and liturgy in the school. Any individual training needs will be identified and addressed through training and formation. There will also be the opportunity for whole-staff professional development at least once a year, so that all staff understand the importance of prayer and liturgy and relevant staff are well supported to lead as required.

## **7. Monitoring and evaluation**

Monitoring and evaluation of the quality and impact of prayer and liturgy will take place regularly, and at least annually, and involve all key stakeholders: pupils, parents, staff, clergy, and governors. Areas for development will be identified and issues raised will be actioned and evidenced as appropriate.

## **8. Review**

The policy will be reviewed as part of the regular cycle of policy review conducted by the governors.

**Annex One**

**Yearly Overview of Prayer and Liturgy at St Bernadette's Catholic Primary School**



**2025-26 Theme: Pilgrims of Hope**

*To renew our hope and rediscover a spirituality of God's creation in which we understand ourselves as "pilgrims on the Earth."*

**EYFS/KS1 - Prayers**

Morning (EYFS): "Good Morning...." and sign of the cross  
 Morning (KS1): "Oh my God, I give to You..."  
 Before Lunch: "Bless us o Lord" (with actions)  
 End of Day: "Now the day is over"

***See also Prayer Progression Document***

**KS2 - Prayers**

Morning: "Oh my God, I give to You..."  
 Before Lunch: "Bless us o Lord" (with actions)  
 End of Day: "God Our Father we come to say"

***See also Prayer Progression Document***

**Weekly Prayer and Liturgy in School**

**Monday**

Whole School Celebration of the Word with Mrs Crowder

**Tuesday**

Celebration of the Word in classes to include common prayers, individual prayers, Christian Meditation

**Wednesday**

Whole School Assembly- Our Common Home (Links with National and Global Issues) Mrs Simmonite to include Prayers of Intercession

**Thursday – Hymn**

Practise KS1/2 in hall (Autumn)  
  
 Celebration of the Word in classes to include common prayers, individual prayers, Christian Meditation (Spring and Summer Term)

**Friday – Praise Assembly**

Enter to Hymn/Sign of the Cross  
 Reflection on week's Gospel using 'Go Forth' Board.  
 Headteacher Awards  
 External Awards/Good News/Celebration/Sporting Events certificates or mention if applicable  
 Winner of Attendance (from previous week)  
*Winner of House Point (end of half term)*  
 Birthday Celebration  
 Prayer/Sign of the Cross  
 Leave to Hymn / Singing

## Mass Attendance

Reception to Year 6 attend 9:15am Tuesday Mass at St. Bernadette's Church once a term on a rota. Father Joseph will celebrate mass in school for occasions such as Welcome Mass and Ash Wednesday.

### AUTUMN TERM

*Year C, Cycle 1 until December 1<sup>st</sup>*

Week Beginning	Monday Whole School Celebration of the Word <i>(based on Gospel from Sunday) (see Wednesday Word/CAFOD Children's Liturgy)</i>	Wednesday Whole School Assembly (national/ global themes)	Friday Praise Assembly <i>or</i> Class Worship	Additional Masses/ Celebrations
<b>1st September 2025</b>	INSET Day Monday 1 <sup>st</sup> September	Launch Relationships Policy & Expectations	Praise Assembly	Thursday 4 <sup>th</sup> - 9.10am- Judo Assembly  First Day Back – New Academic Year Assembly
<b>8<sup>th</sup> September</b>	Wednesday Word	Recap- Zones of Regulation and Calm Spaces	Praise Assembly	Tuesday 9 <sup>th</sup> September 9.30am Welcome Mass in school with Fr Joseph.
<b>15<sup>th</sup> September</b>	Wednesday Word	Guided Meditation Protected Characteristics/British Values (Tolerance)	Praise Assembly	<i>14<sup>th</sup> September- Education Sunday</i>
<b>22nd September</b>	Wednesday Word	Pupil Council Introduction	<b>26.09.25</b> <b>Year 5 - Rosary</b> <i>(Actual 07.10.25)</i>	

<b>29<sup>th</sup> September</b>	Wednesday Word	The Brick Visitor TBC Harvest	Praise Assembly	<b>Start Harvest collection for The Brick CAFOD Harvest Family Fast Day 03.10.25</b>
<b>6<sup>th</sup> October</b>	Wednesday Word	World Mental Health Day <i>(Actual 10.10.24)</i>	Praise Assembly	FHC Session 1 6 <sup>th</sup> October- at 6pm- Y4 Treasure Hunt with Parents- Church
<b>13<sup>th</sup> October</b>	Wednesday Word	Judaism- Yom Kippur <i>(Actual 11.10.24)</i>	Praise Assembly	
<b>20<sup>th</sup> October</b>	Wednesday Word	Diwali	24.10.25 Year 2 - Harvest	
<b>27<sup>th</sup> October</b>	<b>½ TERM</b>			
<b>3<sup>rd</sup> November</b>	Wednesday Word	Bonfire Night/Safety (Actual 05.11.24)	7.11.25 Year 6 – Remembrance	All Hallows' Day, the Feast of All Saints <i>(Actual 01.11.25)</i>  All Souls Day <i>(Actual 02.11.25)</i>
<b>10<sup>th</sup> November</b>	Wednesday Word	Anti-bullying week <i>(Actual 11<sup>th</sup>-14<sup>th</sup> Nov)</i>	Praise Assembly	FHC Meeting 2- 3.20-4.20 in school
<b>17<sup>th</sup> November</b>	Wednesday Word	COP30- See Six Agenda Axes <i>(Actual 10<sup>th</sup>-21st Nov 2025)</i>	Praise Assembly	FHC Meeting 4- Y4 Service of Reconciliation 18.11.25 6pm with parents – Church
<b>24<sup>th</sup> November</b>	Colour Day	Wednesday Word	28.11.25 Year 3 – Advent 1 - Season of Advent	Friday- Christmas Tree up
<b>1st December</b> <i>(Year A begins)</i>	Wednesday Word	GIFT Team Introduction – Advent and Christmas	05.12.24 Year 5 - Advent 2 - John the Baptist	

<b>8th December</b>	Monday 02.12.24 – Year 4 Christmas Lights Switch On	Wednesday Word	12.12.25 Year 6 - Advent 3 - Gaudete Sunday (actual Sunday 14 <sup>th</sup> )	Joint Carol Service @ St Marie's Tuesday 6.30pm
<b>15<sup>th</sup> December</b>	Wednesday Word	International Migrants Day	Crib Assembly	Tuesday – Nativity Y1/YR Wednesday- Christingle Service -Nursery Performance Thursday- Carols Around the Tree KS2
<b>22<sup>nd</sup> December</b>	<b>CHRISTMAS</b>			
<b>29<sup>th</sup> December</b> (4 <sup>th</sup> Sunday of Advent 21st Dec)	<b>CHRISTMAS</b>			Jan 1 <sup>st</sup> Solemnity of Mary, Mother of God.

<b>Spring Term 2026 (Cycle ii Begins)</b>				
<b>Week Beginning</b>	<b>Monday Whole School Celebration of the Word</b> <i>(based on Gospel from Sunday)</i> <i>(see <u>Wednesday Word/CAFOD Children's Liturgy</u>)</i>	<b>Wednesday Whole School Assembly</b> (national/global themes)	<b>Friday Praise Assembly or Class Worship</b>	<b>Additional Masses/ Celebrations</b>
<b>5<sup>th</sup> January 26</b> <i>Tuesday 6<sup>th</sup> – Liturgical Colour- White. Wednesday 7<sup>th</sup> return to green.</i>	<b>INSET – Monday 5<sup>th</sup> January 2026</b> Epiphany (Actual 06.01.26)	Relaunch Relationships Policy & Expectations / New Year 2026	Praise Assembly	
<b>12<sup>th</sup> January</b>	Wednesday Word	<b>Introduction to Neurodiversity –ADHD/ASD</b>	Praise Assembly	
<b>19<sup>th</sup> January</b>	Wednesday Word	Guided Meditations, Zones of Regulation recap	Praise Assembly	

<b>26<sup>th</sup> January</b>	Wednesday Word	Random Acts of Kindness Week (Actual 14.02.25 – 20.02.25)	Praise Assembly	
<b>2nd February</b>	Wednesday Word	Online Safety Week/ Safer Internet Day (Actual: 10.02.26)	Praise Assembly	Candlemas/ Feast of the Presentation of Jesus Christ (Actual 02.02.26)
<b>9<sup>th</sup> February</b>	Wednesday Word	Chinese New Year (Actual: 17.02.26- Year of the Horse)	13.02.26 Year 4 - Our Lady of Lourdes (Actual: 11.02.26)	
<b>16<sup>th</sup> Feb</b>	<b>½ TERM</b>			Shrove Tues 17/2 Ash Wednesday 18/2
<b>23<sup>rd</sup> February</b>	1 <sup>st</sup> Sunday of Lent Wednesday Word	Ash Wednesday (Actual 18.02.25) GIFT Team- Lenten Fundraising	Praise Assembly	
<b>2nd March</b>	2 <sup>nd</sup> Sunday of Lent Wednesday Word	Protected Characteristics- International Women's Day (Actual 08.03.26)	27.02.26 Year 1 Lenten Reflection	World Book Day (05.03.26)
<b>9<sup>th</sup> March</b>	3 <sup>rd</sup> Sunday of Lent Wednesday Word	Science Week (Actual 06.03.26- 15.03.26) Theme: Curiosity- What's Your Question?	Reception Mother's Day Assembly (Actual 15.3.26)	9.3.26 FHC Session 5- 3.20-4.20pm in school
<b>16<sup>th</sup> March</b>	4 <sup>th</sup> Sunday of Lent Wednesday Word	Ramadan and Eid al-Fitr (17.02.26-18.03.26)	Praise Assembly	
<b>23<sup>rd</sup> March</b>	5 <sup>th</sup> Sunday of Lent	Neurodiversity Week (17.03.26 – 23.03.26)	Praise Assembly	World Maths Day (Actual 26.03.26)

<b>30th March</b>	Easter WOW Week	Easter	End of Term Assembly	Day of reflection St. B's Got Talent Creative Easter tasks in class
<b>6th April</b>	<b>EASTER</b>			
<b>13th April</b>	<b>EASTER</b>			

<b>SUMMER TERM 2026</b>				
<b>Week Beginning</b>	<b>Monday Whole School Celebration of the Word</b> <i>(based on Gospel from Sunday) (see <u>Wednesday Word/CAFOD</u> <u>Children's Liturgy</u>)</i>	<b>Wednesday Whole School Celebration of the Word</b> (national/ global themes)	<b>Friday Praise Assembly <i>or</i> Class Worship</b>	<b>Additional Masses/ Celebrations</b>
<b>20th April</b>	Wednesday Word	St. George's Day <i>(Actual 23.4.26)</i>	Praise Assembly	Vaisakhi ~ Sikh Festival <i>(14.04.26)</i>
<b>27th April</b>	Wednesday Word	May: Mental Health Awareness Month. Improve wellbeing	<b>01.05.26 Year 1 May Procession</b>	
<b>4th May</b>	<b>Bank Holiday Monday - 5th May 2025</b>	Online Safety- World Password Day (Actual: 07.05.26)	Praise Assembly	<b>Year 4 First Holy Communion Mass #1</b> 9 May 10.30am
<b>11th May</b>	<b>KS2 SATs – w.c. 11th May-14th May.</b> All P&L in class Monday- Thursday	<i>No Whole School Worship</i>	Praise Assembly	<b>Year 4 First Holy Communion Mass #2</b> 16 May 10.30am
<b>18th May</b>	Wednesday Word	Protected Characteristics	<b>Friday 22.05.26 Year 3 Pentecost</b>	

			(Actual 24.05.26)	
<b>25<sup>th</sup> May</b>	<b>½ TERM</b>			
<b>1<sup>st</sup> June</b>	Wednesday Word	World Environment Day (Actual: 05.06.26) / Laudato Si/CST	Praise Assembly	
<b>8<sup>th</sup> June</b>	Wednesday Word	Healthy Eating Week 8-12.06.26	Praise Assembly	
<b>15<sup>th</sup> June</b>	Wednesday Word	World Refugee Day (20.06.26) Refugee Sunday of the Churches (21.06.26)	19.06.26 – Reception Father's Day	
<b>22<sup>nd</sup> June</b>	Wednesday Word	Protected Characteristics	INSET - Friday 26 <sup>th</sup> June 2026	Feast Day of St. Peter and Paul (Actual: 29.06.26)
<b>29<sup>th</sup> June</b>	Wednesday Word	Introduction to Neurodiversity –Downs Syndrome & Tourette Syndrome	Praise Assembly	30.06.26-9.15am Year 4 Going Forward in Faith Mass
<b>6<sup>th</sup> July</b>	Wednesday Word	Water Safety	Praise Assembly	
<b>13<sup>th</sup> July</b>	Wednesday Word	Nelson Mandela Day (Actual 18.07.26)	End of Year Praise Assembly	Year 6 Leaver's Mass at St. Bernadette's Church 6:00pm 14.07.26
Assumption of Mary (15.08.26)	<b>SUMMER</b>			

**Annex 2**

**St Bernadette's Catholic Primary School**

**Prayer Progression Document**

*Developed in collaboration with the St Peter's Cluster RE Leads*



## St Bernadette's Catholic Primary School



### Prayer Progression

Class	Daily Prayers	Common Prayers ( <i>to be taught as part of Teacher Led P&amp;L</i> )	Other Forms of Prayer	Celebration of the Word	Mass Responses
<b>EYFS</b>	<b>Morning:</b> Good morning, Lord We praise your Holy name And thank you for giving us this lovely new day. Amen	<b>Sign of the Cross</b> (Focus on God, ourselves and those around us)	Each week: 1 x meditation 1 x guided individual prayer	Each week: 1 x Whole School 2 x Teacher Led	<b>Amen</b> (with an age-appropriate understanding of what this means)
	<b>Before Meals:</b> Bless us O Lord...				
	<b>End of Day:</b> Now the day is over, we lift our hands and say				
<b>Y1</b>	<b>Morning:</b> O my God, I give to You...	All of the above, plus:	Each week: 1 x meditation 1 x guided individual prayer	Each week: 1 x Whole School 2 x Teacher Led	<b>Introductory Rites</b> <b>Amen</b> V: The Lord be with you. <b>R: And with your spirit.</b>
	<b>Before Meals:</b> Bless us O Lord...	<b>Glory Be</b>			
	<b>End of Day:</b> Now the day is over, we lift our hands and say	<b>Hail Mary</b>			
<b>Y2</b>	<b>Morning:</b> O my God, I give to You...	All the above, plus:	Each week: 1 x meditation 1 x guided individual prayer	Each week: 1 x Whole School 2 x Teacher Led	All the above, plus... <b>Introductory Rites</b> V. Lord, have mercy. <b>R. Lord, have mercy.</b> V. Christ, have mercy. <b>R. Christ, have mercy.</b> V. Lord, have mercy. <b>R. Lord, have mercy.</b>
	<b>Before Meals:</b> Bless us O Lord...	<b>The Lord's Prayer (Our Father)</b> (teach one phrase per week)			
	<b>End of Day:</b> Now the day is over, we lift our hands and say				

<b>Y3</b>	<b>Morning:</b> Oh my God, I give to You...	All of the above, plus:  <b>Act of Contrition</b>  <b>Angel of God</b>	Each week: 1 x meditation 1 x guided individual prayer	Each week: 1 x Whole School 2 x Teacher Led	All the above, plus... <b>Liturgy of the Word</b> V: The Word of the Lord <b>R: Thanks be to God</b> V: The Lord be with you. <b>R: And with your spirit.</b> V: A reading from the Holy Gospel according to ... <b>R: Glory to you, O Lord.</b> (Sign of the Cross on forehead, lips, and chest) V: The Gospel of the Lord. <b>R: Praise to you, Lord Jesus Christ.</b>
	<b>Before Meals:</b> Bless us O God as we sit together, bless the food we eat today, bless the hands that made the food, bless us O Lord. Amen				
	<b>End of Day:</b> God our Father we come to say, Thank you for your love today, Thank you for my family, And all the love you give to me, Guard me in the dark of night, And in the morning send your light. Amen				
<b>Y4</b>	<b>Morning:</b> Oh my God, I give to You...	All of the above, plus:  <b>The Apostle's Creed</b> (teach one phrase at a time)  <b>The Prayer of St Richard of Chichester.</b>  <b>Come Holy Spirit</b>	Each week: 1 x meditation 1 x guided individual prayer	Each week: 1 x Whole School 2 x Teacher Led	All the above, plus... <b>Liturgy of the Eucharist</b>  <b>Blessed be God for ever.</b> <b>May the Lord accept the sacrifice at your hands, for the praise and glory of his name,</b> <b>for our good and the good of all his holy Church</b>
	<b>Before Meals:</b> Bless us O God as we sit together, bless the food we eat today, bless the hands that made the food, bless us O Lord. Amen				
	<b>End of Day:</b> God our Father we come to say, Thank you for your love today, Thank you for my family, And all the love you give to me, Guard me in the dark of night, And in the morning send your light. Amen				

<b>Y5</b>	<b>Morning:</b> Oh my God, I give to You...	All of the above, plus:  <b>The Morning Offering</b>  <b>Act of Faith</b>  <b>Act of Hope</b>  <b>Act of Love</b>	Each week: 1 x meditation 1 x guided individual prayer	Each week: 1 x Whole School 2 x Teacher Led	All the above, plus... <b>The Eucharistic Prayer</b> V: The Lord be with you. <b>R: And with your spirit.</b> V: Lift up your hearts. <b>R: We lift them up to the Lord.</b> V: Let us give thanks to the Lord our God. <b>R: It is right and just.</b>  <b>Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.</b>
	<b>Before Meals:</b> Bless us O God as we sit together, bless the food we eat today, bless the hands that made the food, bless us O Lord. Amen				
	<b>End of Day:</b> God our Father we come to say, Thank you for your love today, Thank you for my family, And all the love you give to me, Guard me in the dark of night, And in the morning send your light. Amen				
<b>Y6</b>	<b>Morning:</b> Oh my God, I give to You...	All of the above, plus:  <b>The Rosary</b>  <b>The Magnificat</b>	Each week: 1 x meditation 1 x guided individual prayer	Each week: 1 x Whole School 2 x Teacher Led	<b>Communion Rite</b> <b>When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again. Lamb of God, you take away the sins of the world, have mercy on us.</b>
	<b>Before Meals:</b> Bless us O God as we sit together, bless the food we eat today, bless the hands that made the food, bless us O Lord. Amen				
	<b>End of Day:</b> God our Father we come to say, Thank you for your love today, Thank you for my family, And all the love you give to me, Guard me in the dark of night, And in the morning send your light. Amen				

					<p><b>Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.</b></p>
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**Annex 3**

**Catalogue of Common Prayers for Use at St Bernadette's**

Catalogue of Common Prayers		Introduced
<p><b>The Sign of the Cross</b>            In the name of the Father            and of the Son            and of the Holy Spirit. Amen.</p> <p style="text-align: right;">The sign of the cross is both an action and a statement of faith.            A physical reminder of our redemption in the cross and an expression of faith in the Trinity.</p>	<b>EYFS</b>	
<p><b>Glory be to the Father</b>            Glory be to the Father            and to the Son            and to the Holy Spirit,            as it was in the beginning            is now, and ever shall be            world without end. Amen.</p> <p style="text-align: right;">The doxology is a short expression of praise of the Trinity dating back to the early Church.            It is used extensively in the Liturgy of the Hours and in devotions such as the Rosary.</p>	<b>Year 1</b>	
<p><b>The Hail Mary</b>            Hail, Mary, full of grace,            the Lord is with thee.            Blessed art thou among women            and blessed is the fruit of thy womb, Jesus.            Holy Mary, Mother of God,            pray for us sinners,            now and at the hour of our death.            Amen.</p> <p style="text-align: right;">The first part of the Hail Mary is biblical, drawn from Gabriel’s greeting to Mary at the Annunciation and Elizabeth’s greeting at the Visitation. The second part of the prayer has its origins in 15th-century Italy.</p>	<b>Year 1</b>	

<p><b>The Lord's Prayer</b>  Our Father who art in heaven,  hallowed be thy name.  Thy kingdom come.  Thy will be done on earth,  as it is in heaven.  Give us this day our daily bread,  and forgive us our trespasses,  as we forgive those who trespass against us,  and lead us not into temptation,  but deliver us from evil.</p> <p style="text-align: right;">The Lord's Prayer 'is truly the summary of the whole of the Gospel'. (CCC 2761.)</p>	<b>Year Two</b>
<p><b>Act of Contrition</b>  O my God,  because you are so good,  I am very sorry that I have sinned against you,  and with the help of your grace  I will not sin again.</p> <p style="text-align: right;">One of the forms of the Penitent's Prayer of Sorrow found in the Rite of Penance</p>	<b>Year Three</b>
<p><b>Angel of God</b>  Angel of God,  my guardian dear,  to whom God's love commits me here,  ever this day be at my side,  to light and guard, to rule and guide.  Amen.</p> <p style="text-align: right;">The prayer is based on one by Reginald of Canterbury in the early 12th century.</p>	<b>Year Three</b>

**The Apostles' Creed**

I believe in God,  
the Father almighty  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
At the words that follow, up to and including the Virgin Mary, all bow.  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

Based on baptismal documents of the 8th century  
but related to texts of an earlier origin.

**Year Four****Prayer of St Richard of Chichester**

Thanks be to you, my Lord Jesus Christ,  
for all the benefits which you have given me,  
for all the pains and insults which you have borne for me.  
O most merciful Redeemer, friend and brother,  
may I know you more clearly,  
love you more dearly,  
and follow you more nearly,  
day by day.  
Amen

**Year Four**

<p><b>Come Holy Spirit</b></p> <p>V. Come, Holy Spirit, fill the hearts of your faithful.  R. And kindle in them the fire of your love.  V. Send forth your Spirit and they shall be created.  R. And you will renew the face of the earth.  Let us pray  O God, who by the light of the Holy Spirit,  did instruct the hearts of your faithful,  grant that by that same Holy Spirit,  we may be truly wise, and ever rejoice in your consolation,  Through Christ our Lord.  Amen.  This prayer is a compilation of a number of liturgical texts drawn from the  Mass and Office of Pentecost and the Votive Mass of the Holy Spirit.</p>	<p><b>Year Four</b></p>
<p><b>Morning Offering</b></p> <p>O Jesus,  through the most pure heart of Mary,  I offer you all my prayers,  thoughts, works and sufferings of this day  for all the intentions of your most Sacred heart</p>	<p><b>Year Five</b></p>
<p><b>Act of Faith</b></p> <p>My God, I believe in you  and all that your Church teaches,  because you have said it,  and your word is true</p>	<p><b>Year Five</b></p>
<p><b>Act of Hope</b></p> <p>My God, I hope in you,  for grace and for glory,  because of your promises,  your mercy and your power</p>	<p><b>Year Five</b></p>

<p><b>Act of Love</b>  My God, because you are so good,  I love you with all my heart,  and for your sake,  I love your neighbour as myself</p>	<b>Year Five</b>
<p><b>The Rosary-</b> For each mystery or decade, one Our Father, ten Hail Marys and the Glory be is recited.</p> <p><b>The Joyful Mysteries</b>  (Recited Monday and Saturday)  The Annunciation (Luke 1:26–38)  The Visitation (Luke 1:39–45)  The Nativity (Luke 2:1–7)  The Presentation in the Temple (Luke 2:22–35)  The Finding in the Temple (Luke 2:41–52)</p> <p><b>The Mysteries of Light</b>  (Recited Thursday)  The Baptism of Jesus (Matthew 3:13–17)  The Wedding Feast of Cana (John 2:1–12)  The Proclamation of the Kingdom, with the call to Conversion (Mark 1:14–15; 2:3–12)  The Transfiguration (Luke 9:28–36)  The Institution of the Eucharist (Matthew 26:26–29)</p> <p><b>The Sorrowful Mysteries</b>  (Recited Tuesday and Friday)  The Agony in the Garden (Mark 14:32–42)  The Scourging at the Pillar (Matthew 27:15–26)  The Crowning with Thorns (Matthew 27:27–31)  The Carrying of the Cross (John 19:15–17; Luke 23:27–32)  The Crucifixion (Luke 23:33–38, 44–46)</p>	<b>Year Six</b>

### **The Glorious Mysteries**

(Recited Wednesday and Sunday)

The Resurrection (Matthew 28:1–8)

The Ascension (Acts 1:6–11)

The Descent of the Holy Spirit (Acts 2:1–12)

The Assumption (1 Thessalonians 4:13–19)

The Coronation of Mary Queen of Heaven and Earth (Revelation 12:1; 14:1–5; Isaiah 6:1–3)

### **Prayer concluding the Rosary**

[Hail, Holy Queen, etc. as above]

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray.

O God, whose only-begotten Son,  
by his life, death and resurrection,  
has purchased for us the rewards of eternal life,  
grant, we beseech thee,  
that meditating on these mysteries  
of the most holy Rosary of the Blessed Virgin Mary,  
we may imitate what they contain  
and obtain what they promise,  
through the same Christ our Lord.  
Amen

**The Magnificat**

My soul proclaims the greatness of the Lord,  
and my spirit rejoices in God my Saviour,  
for he has looked upon his handmaid in her lowliness;  
for behold, from this day forward,  
all generations will call me blessed.  
For the Almighty has done great things for me,  
and holy is his name.  
His mercy is from age to age  
for those who fear him.  
He has made known the strength of his arm,  
and has scattered the proud in their conceit of heart.  
He has cast down the mighty from their thrones  
and has exalted those who are lowly.  
He has filled the hungry with good things,  
and has sent the rich away empty.  
He has helped his servant Israel,  
mindful of his mercy,  
even as he promised to our fathers,  
to Abraham and his descendants for ever.  
Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning, is now,  
and ever shall be, world without end.  
Amen.

Mary's song of praise was first sung to her cousin Elizabeth (Luke 1:46–55).  
It is sung daily at Evening Prayer

**Year Six**