



# **Sign of the Cross**

In the name of the Father  
And of the Son  
And of the Holy Spirit

**Amen**

The page is framed by a decorative border of green leaves and branches. The leaves are in various shades of green, some with watercolor-like textures, and some are simple grey silhouettes. The branches are thin and elegant, curving around the perimeter of the page.

**Glory be to the Father**

Glory be to the Father  
and to the Son  
and to the Holy Spirit,  
as it was in the beginning  
is now, and ever shall be  
world without end.  
Amen.



## **The Hail Mary**

Hail, Mary, full of grace,  
the Lord is with thee.

Blessed art thou among women  
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.

Amen.

The page is framed by a decorative border of various green and brown leaves and branches, some with small round fruits, arranged in a circular pattern around the text.

## **The Lord's Prayer**

Our Father who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth,  
as it is in heaven.

Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

The page is framed by a decorative border of various green and grey leaves and branches. The leaves are rendered in a soft, painterly style, with some in shades of light green and others in a muted grey. The branches are thin and delicate, creating a natural, organic feel around the text.

# Eternal Rest

Eternal rest grant unto them, O Lord,  
and let perpetual light shine upon them.  
May they rest in peace.

Amen.

The page is framed by a decorative border of green leaves and branches. The leaves are in various shades of green, from light to dark, and are arranged in a way that creates a natural, organic frame around the central text. The branches are thin and delicate, with small leaves attached.

## **Act of Contrition**

O my God,  
because you are so good,  
I am very sorry that I have sinned against you,  
and with the help of your grace  
I will not sin again.



# Angel of God

Angel of God,  
my guardian dear,  
to whom God's love commits me here,  
ever this day be at my side,  
to light and guard, to rule and guide.  
Amen.

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## The Apostles' Creed

I believe in God,  
the Father almighty  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
*At the words that follow, up to and including the Virgin Mary, all bow.*  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.  
Amen.



## **Prayer of St Richard of Chichester**

Thanks be to you, my Lord Jesus Christ,  
for all the benefits which you have given me,  
for all the pains and insults which you have borne for me.

O most merciful Redeemer, friend and brother,  
may I know you more clearly,  
love you more dearly,  
and follow you more nearly,  
day by day.

Amen.



## **Come Holy Spirit**

V. Come, Holy Spirit, fill the hearts of your faithful.

*R. And kindle in them the fire of your love.*

V. Send forth your Spirit and they shall be created.

*R. And you will renew the face of the earth.*

Let us pray

O God, who by the light of the Holy Spirit,  
did instruct the hearts of your faithful,  
grant that by that same Holy Spirit,  
we may be truly wise, and ever rejoice in your consolation,  
Through Christ our Lord.

Amen.



## **Morning Offering**

O Jesus,  
through the most pure heart of Mary,  
I offer you all my prayers,  
thoughts, works and sufferings of this day  
for all the intentions of your most Sacred heart.

The page is framed by a decorative border of various green and brown leaves and branches, arranged in a circular pattern around the central text.

# **Act of Faith**

My God, I believe in you  
and all that your Church teaches,  
because you have said it,  
and your word is true.

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# **Act of Hope**

My God, I hope in you,  
for grace and for glory,  
because of your promises,  
your mercy and your power.

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# **Act of Love**

**My God, because you are so good,  
I love you with all my heart,  
and for your sake,  
I love your neighbour as myself.**



## Prayer concluding the Rosary

V. Pray for us, O holy Mother of God.

*R. That we may be made worthy of the promises of Christ.*

Let us pray.

O God, whose only-begotten Son,  
by his life, death and resurrection,  
has purchased for us the rewards of eternal life,  
grant, we beseech thee,  
that meditating on these mysteries  
of the most holy Rosary of the Blessed Virgin Mary,  
we may imitate what they contain  
and obtain what they promise,  
through the same Christ our Lord.

Amen



## The Magnificat

My soul proclaims the greatness of the Lord,  
and my spirit rejoices in God my Saviour,  
for he has looked upon his handmaid in her lowliness;  
for behold, from this day forward,  
all generations will call me blessed.

For the Almighty has done great things for me,  
and holy is his name.

His mercy is from age to age  
for those who fear him.

He has made known the strength of his arm,  
and has scattered the proud in their conceit of heart.  
He has cast down the mighty from their thrones  
and has exalted those who are lowly.

He has filled the hungry with good things,  
and has sent the rich away empty.

He has helped his servant Israel,  
mindful of his mercy,  
even as he promised to our fathers,  
to Abraham and his descendants for ever.

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning, is now,  
and ever shall be, world without end.

Amen.



## **Hail, Holy Queen (Salve Regina)**

Hail, Holy Queen, Mother of Mercy,  
Hail our life, our sweetness and our hope!  
To thee do we cry, poor banished children of Eve.  
To thee do we send up our sighs,  
mourning and weeping in this valley of tears!  
Turn, then, most gracious Advocate,  
thine eyes of mercy toward us,  
and after this, our exile,  
show unto us the blessed fruit of thy womb, Jesus.  
O clement, O loving,  
O sweet Virgin Mary.

# **Prayer and Liturgy in Progress**



**You are welcome to stay and pray with us.**