



St. Bernadette's PE Curriculum Overview 2025/2026

	Autumn Term		Spring Term		Summer Term	
Nursey	Introduction to PE: Unit 1 CP Motor Skills	Introduction to PE: Unit 2 CP Motor Skills	Fundamentals: Unit 1 CP Motor Skills	Fundamentals: Unit 2 CP Motor Skills	Gymnastics: Unit 1 CP Motor Skills	Sports Day Skills CP Motor Skills
Reception	Introduction to PE: Unit 1 Fundamentals: Unit 1 CP Motor Skills	Introduction to PE: Unit 2 Fundamentals : Unit 2 CP Motor Skills	Gymnastics: Unit 1 Dance : Unit 1 CP Motor Skills	Games: Unit 1 Gymnastics: Unit 2 CP Motor Skills	Ball Skills: Unit 1 Athletics CP Motor Skills	Games: Unit 2 Sports Day Skills CP Motor Skills
Year 1	Ball Skills Fundamentals	Sending & Receiving Fitness	Gymnastics Dance	Net & Wall Yoga	Striking & Fielding Athletics	Invasion Target Games
Year 2	Ball Skills Fundamentals	Sending & Receiving Fitness	Gymnastics Dance	Net & Wall) Yoga	Striking & Fielding Athletics	Invasion Target Games
Year 3	Football Fundamentals	Netball Hockey	Gymnastics Dance	Tag Rugby Swimming	Cricket Athletics	Tennis Rounders
Year 4	Football Fundamentals	Netball Hockey	Gymnastics Swimming	Tag Rugby Dance	Cricket Athletics	Tennis Rounders
Year 5	Football Fundamentals	Netball Swimming	Gymnastics Dance	Tag Rugby Basketball	Cricket Athletics	Tennis Rounders
Year 6	Football Swimming	Netball Hockey	Gymnastics Dance	Tag Rugby Basketball	Cricket Athletics	Tennis Rounders